

**ENVIRONMENTAL FOUNDATION OF JAMAICA
DRAFT PROGRESS REPORT**

GRANTEE HOPE COUNSELING AND WELLNESS CENTRE	PROJECT TITLE CHILD RESILIENCY PROGRAMME
PROJECT IDENTIFICATION NUMBER	DISBURSEMENT NUMBER 1
REPORTING PERIOD JAN 2010 TO MAR 2010	PROJECT MANAGER DR. KIM SCOTT

Sixty five(65) children and seventy five (75) parents are currently registered on the programme. Academic support was provided to the referred children. Life skills training provided. Parent training and support workshops and individual parent/family counseling provided. Physical activities, creative expression and recreational activities to reinforce life skills were provided. Nutritional meals were provided. The overall objectives of the term have been met and all 6 arms of the programme: Nutrition, Physical Activity/Sports, Parenting and Family Support, Academic Support and Life skills Training via Creative Expression have been successfully implemented.

35 children are currently attending from Grade 5 and will be graduating in June 2010. 35 new referrals were accepted from Grade 4 in September 2009.

Some progress has been seen in the behaviour of the referred children and the attendance has continued to be extremely regular this term! Of the 75 Parents registered to the program, approximately 25 have been engaged in group parent training and 9 are currently in individual family counseling. Of the 65 children registered on the programme, on average 50 children attend at any one time.

An integrated approach to preventing violence and promoting positive sexual and reproductive health outcomes has continued in this cohort of pre and young adolescents and their parents this term

Activities Planned	Activities Actually Undertaken	Identify Any Problem That Has Been Encountered, The Measures Taken To Resolve It, And How It Might Affect The Project Outcome
Obj. 1.1 Meet with guidance counselors, teachers of community schools to follow up on progress of referred children	<ul style="list-style-type: none"> Meetings held with guidance counselor of Mona Primary to follow up on children. Met with UTECH CSP coordinators for recruitment of volunteers 	
Obj. 1.2 Develop children / parent database for new referrals	<ul style="list-style-type: none"> Database completed for all new referrals Last term 	Parent information requires ongoing updating as telephone numbers change constantly!
Obj 1.3 To conduct training and workshops for staff/ volunteers	<ul style="list-style-type: none"> Staff/Volunteer meeting was held on January 12 with 13 persons in attendance. UTECH students orientation was held on January 13-14th with 6 persons attending 	<p>Successful</p> <p>The New Semesterization of UTECH has proved somewhat difficult in recruiting volunteers to fit in to the timing of our term. UWI volunteers are being sought also.</p>
Obj 1.4 To procure necessary equipment and supplies for all 5 arms of the programme	<ul style="list-style-type: none"> All necessary materials and supplies for the 6 arms of the programme this term were purchased 	
Obj. 2.1 Source reading support materials	<ul style="list-style-type: none"> Reading support/ language arts workbooks purchased for each child A donation of 30 workbooks was made by a community member last term which are in continued use 	
Obj 2.2 To provide maintenance and IT support materials for computer software learning programme	<ul style="list-style-type: none"> Maintenance and IT support provided by R Sinclair 	3 of the 9 computers still require a sound card. The Auto skills programme was not functioning for most of January and Feb. Alternate computer learning software was sourced and used
Obj 2.3 To provide 60 literacy support activity sessions to the existing primary grade 4 and 5 cohort per year	<ul style="list-style-type: none"> 20 literacy support activity sessions were delivered to 60 programme children in small groups of 12 using grade appropriate language arts curriculum. 	Successful delivery

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Obj 2.4 To provide 30 literacy and numeracy activity sessions via computer auto skills to cohort	<ul style="list-style-type: none"> • 20 Computer literacy support sessions given to one group of 12 this term. This will continue on a rotator basis. 	
Obj. 3.1 Compile Life skills training activity materials	<ul style="list-style-type: none"> • Life skills training materials compiled for this term. 	
Obj. 3.2 Deliver weekly life skills training activities (mental health, social health, sexual & reproductive health, violence prevention, spiritual health) to existing and new cohort of children	<ul style="list-style-type: none"> • 20 life skills training activities delivered alone and in integration with creative expression activities • Behavioural prize was awarded to the most well behaved house- (a trip to Ft Clarence Beach on Sat March 20)) and behavioural prizes were also awarded to 10 top children at half term and 10 top children at end of term(according to star chart) for improvement in life skills areas including politeness, no fighting etc • Met with Karate instructor to introduce Karate to 20 “blue boys” this term in keeping with life skills training • Met with Masters Student from IUC on practicum to continue to plan and conduct weekly life skill training activities to 2 groups of 12 this term 	<p>Successfully delivered.</p> <p>The addition of Karate this term has been highly successful!</p>
Obj. 3.3 Purchase relevant material for creative expression.	<ul style="list-style-type: none"> • Materials procured. 	
Obj 3.4 To deliver 60 creative expression (karate, drumming, art and craft) activities reinforcing life skills messages taught.	<ul style="list-style-type: none"> • 20 Creative Expression activity sessions reinforcing life skills themes for this term were delivered to programme children in small groups of 12: Topics for this term were Handling sexuality, Handling bullying, Dealing with Rejection,, Handling Anger, Managing Conflict. 	Successfully delivered

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Obj 3.5 Engage children in weekly physical activity/sporting activities reinforcing life skills activity session	<ul style="list-style-type: none"> • 20 weekly physical/sporting activities delivered to children in 5 groups of 12. Boys trained in football and basketball. Girls trained in netball/track. Facilitated by UTECH volunteers • SPORTS DAY at Hope Gardens was held on March 16th. 35 medals were awarded to top athletes in various competitive races at Prize giving held on March 23rd. 	
Obj. 4.1 Plan and conduct parent training seminars	<ul style="list-style-type: none"> • Two Parent training workshops were held on January 28th and Feb 25th. Topics covered were : Positive Sexuality and Encouraging your Child to Succeed 22 and 20 parents were in attendance respectively • This term parents were given the opportunity to meet one on one with facilitators working with their child. This was a useful exercise 	
Obj. 4.2 Provide counseling to children and parents as needed/ requested.	<ul style="list-style-type: none"> • 12 parent/ child individual counseling sessions were carried out this term including home visits 	3 children had to be suspended this term.
Obj. 4.3Conduct parent home visits as needed	<ul style="list-style-type: none"> • Home visits conducted to 4 families in counseling thus far 	
Obj 5.1 Provide nutritional snacks /meals to children weekly	<ul style="list-style-type: none"> • Sandwiches/Drink provided to ~55 weekly. Meals provided to ~ 55 weekly. Goods purchased, prepared and served by church,community and UTECH volunteers • Request letters resent to Grace Kennedy and Kiwanis to continue their support this term and a new contact for support from Prestige Bakery was sought and attained. 	Project stipend allocated to Bevan Saddler to continue preparing meals

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<p>Obj 6.1 To maintain a child resiliency programme website and promote media awareness and community awareness of the programme and public education</p>	<ul style="list-style-type: none"> • Child Resiliency Programme Website updated for this term. www.childresiliency.org • Presented the programme at Violence Prevention Alliance meeting to Ministry of Health, Ministry of Education, UWI, JDF, Child Development Agency and Area Youth Foundation Representatives on January 12 • Presentation given to St Andrew High School 6th form on Jan 18th • Meetings held with fund raiser to review the strategy document for fund raising and discuss a potential concert in July or Oct of 2010 • Attended Hope Counseling and Wellness Committee Meeting on January 15th 2010 with all relevant church personnel in attendance • Programme reported on at VPA workshop held at Hilton Hotel on Feb 24th. • Attended Parenting Standards and Accreditation Sensitisation session held on behalf of the Early Childhood Development Commission on March 16th. In attendance were representatives from Parenting Partners, Coalition for Better Parenting, Min of Health, MOE, National Security and Justice, ECD • To Attend Society for Adolescent Health and Medicine (SAHM) April 6-10. This is a great opportunity for networking and sharing of research and programme ideas internationally 	<p>Website developed –continues to need publicity</p>

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<p>Obj 6.2 To provide private counseling and wellness checks: Medicals including Blood Pressure, Diabetic screening, weight, height and urinalysis, breast exams and pap smears to staff, volunteers and parents as medical incentives and to generate project income.</p>	<ul style="list-style-type: none"> • Equipment and Materials for the provision of Counseling and Wellness checks have been procured. • Counseling and Wellness checks have been provided by appointment. 	<p>This aspect of the programme is still highly underutilized and requires a marketing strategy if it is to be considered as a viable income generating strategy. So far most persons requesting attention do not seem to have the capacity to pay. A total of \$ 8,400 was collected here this term</p>

Continued progress has been made this term on the referred children and the children have been attending regularly!. Baseline interviews have been completed for this term . The children’s overall behaviour including obedience, less fighting, less cursing, more polite, better hygiene is being tackled. This term we were blessed with the help of 6 mature young men and women from UTECH along with additional church and community volunteer support and the term ran fairly smoothly.

<p>Obj 6.3 Conduct an end of year evaluation of the programme</p>	<ul style="list-style-type: none"> • The Baseline questionnaire was administered to all new referrals last term. Focus group work will be conducted next term 	
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